

Cupid's Haven Tea Room Menu

Soups/Salads/Appetizers

Pea Soup

This heart-warming soup is made with whole yellow peas seasoned with tasty bits of Newfoundland's traditional salt beef. Served with "Doughboys"

Turkey Vegetable Soup

Sure to delight you this delicious soup is made with fresh turkey, local vegetables & seasoned with onion and savory.

Caesar Salad

Romaine lettuce, mushrooms, croutons, real bacon & freshly grated Parmesan cheese sprinkled throughout. Tossed with a creamy Caesar dressing

Side Salad

Garden Salad

Iceberg lettuce, cherry tomatoes, cucumbers, baby carrots, broccoli and green onions.

Side Salad

Potato Skins

Baked potato skins broiled to perfection and topped with green onion, real bacon, cheddar and mozzarella cheese

Lunch Favorites

Baked Beans

These sweet and simple beans are baked in molasses & served with a fresh Home-made roll.

Macaroni & Cheese

Mom's favourite thick & creamy cheddar cheese sauce with a golden brown crusty top Served with a fresh home-made roll.

Cod Au Gratin

Chunks of cod added to a cream sauce & covered in cheese
Appetizer Size

Fish Cakes

Two large Cod Fish Cakes served with "Scrunchins", coleslaw and a fresh home-made roll.

Extra Fish Cake

Seafood Chowder

Creamy delight filled with Fresh Cod, Shrimp, Scallop and Crab.

Sandwiches

~ Roast Beef ~ BLT ~ Egg Salad ~
~ Tuna ~ Turkey ~

Served on Homemade Bread with potato chips and a pickle and dressed as you like it with:

~ Lettuce ~ Tomato ~ Onion ~ Pickle ~
~ Mayo ~ Mustard ~ Cheddar Cheese ~

Add Bacon to any sandwich for \$2.95

Add cranberry sauce or dressing to a Turkey Sandwich for \$ 1.00

KIDS Menu

Chicken Fingers & Fries

3 white meat chicken fingers slow roasted with oven baked fries. (Includes a small ice cream sundae under 12 under 65)

Grilled Cheese

Matthew Says "Cheese please!" Golden Brown filled with gooey cheddar with oven baked fries. (Includes a small sundae if you are under 12 over 65)

Toutons

(each)

Served with molasses or pancake syrup

Entrees

Pan Fried Cod

Two Cod pieces lightly coated in our own cracker crumb batter and pan-fried traditionally with salt pork pieces "Scrunchions". Served with mashed potato, vegetable of the day & homemade coleslaw

Chicken and Ribs

¼ Chicken or ½ Rack Ribs

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Barbeque Chicken or Pork Back Rib, Served with baked/mashed potato & medley of vegetables and home made coleslaw

Haven Poached Salmon

Poached salmon with lemon and dill served with a creamy white sauce, baked/mashed potato, a medley of vegetables and homemade coleslaw.

Three Cheese Lasagna

Ground beef, tomato sauce & mozzarella, old cheddar and colby make this baked lasagna rich and filling. Served with cheesy garlic bread

Roast Beef or Turkey Dinner

Traditionally prepared with home made gravy, baked pastry, mashed potato, carrot, turnip, green peas and savory dressing